



# Mesenchymal stem cells ability to generate traction stress in response to substrate stiffness is modulated by the changing extracellular matrix composition of the heart during development



Joshua R. Gershlak<sup>a,1</sup>, Joshua IN. Resnikoff<sup>a,1</sup>, Kelly E. Sullivan<sup>a</sup>, Corin Williams<sup>a</sup>, Raymond M. Wang<sup>a</sup>, Lauren D. Black III<sup>a,b,\*</sup>

<sup>a</sup> Department of Biomedical Engineering, Tufts University, 4 Colby Street, Medford, MA 02155, USA

<sup>b</sup> Molecular, Cellular and Developmental Biology Program, Tufts University School of Medicine, 145 Harrison Ave, Boston, MA 02111, USA

## ARTICLE INFO

### Article history:

Received 20 August 2013

Available online 30 August 2013

### Keywords:

Extracellular matrix  
Mesenchymal stem cells  
Traction stress  
Mechanotransduction

## ABSTRACT

In this study we present a novel method for studying cellular traction force generation and mechanotransduction in the context of cardiac development. Rat hearts from three distinct stage of development (fetal, neonatal and adult) were isolated, decellularized and characterized via mechanical testing and protein compositional analysis. Stiffness increased ~2-fold between fetal and neonatal time points but not between neonatal and adult. Composition of structural extracellular matrix (ECM) proteins was significantly different between all three developmental ages. ECM that was solubilized via pepsin digestion was cross-linked into polyacrylamide gels of varying stiffness and traction force microscopy was used to assess the ability of mesenchymal stem cells (MSCs) to generate traction stress against the substrates. The response to increasing stiffness was significantly different depending on the developmental age of the ECM. An investigation into early cardiac differentiation of MSCs demonstrated a dependence of the level of expression of early cardiac transcription factors on the composition of the complex ECM. In summary, this study found that complex ECM composition plays an important role in modulating a cell's ability to generate traction stress against a substrate, which is a significant component of mechanotransductive signaling.

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## 1. Introduction

In the past decade or more, a significant amount of research effort has been devoted to studying the role of substrates properties on cell fate and function. Substrate stiffness has been shown to influence proliferation [1], migration [1,2] and differentiation [3], while the protein composition of the substrate can modulate differentiation [4], as well as the response to growth factors [5] and mechanical stretch [6]. The effects of substrate properties on cell fate and function are particularly important in the heart where it is known that both organ stiffness and extracellular matrix composition change significantly during development. In particular, cardiac stiffness increases 2 to 3-fold from fetal to adult life stages [7] while studies into the protein content of the ECM during cardiac development observed significant alterations in the amount of fibronectin [8] and collagens [9] during fetal/neonatal development. However, these studies were carried out over short windows

of time during early development, even though there are significant changes to the postnatal cardiac ECM composition. Moreover, none of these studies correlated alterations to the protein content or mechanical stiffness of the cardiac ECM to changes in cell fate and function.

The ECM *in vivo* is a dynamic, complex organization of proteins, polysaccharides, and glycoproteins that are expressed in varying ratios dependent upon tissue location, form, function and age. Given recent evidence that cells respond differently to external stimuli when cultured on substrates of different composition [5,6], it is likely that studies using singular proteins as binding sites for mechanotransduction experiments are not capturing the full response resulting from the complex environment *in vivo*. The development of decellularization techniques [10] has led to the use of whole organ ECM as a scaffold for regenerative medicine applications in the heart. Specifically, adult ventricular ECM has been demonstrated to enhance the cardiomyogenic potential of klt+ cardiac progenitor cells [11], increase the differentiation of embryonic stem cells [12] and result in increased ventricular function when injected into the infarcted heart without cells [13]. While these results with adult organ ECM were significant, it is likely that ECM derived from earlier stages in development would hold more

\* Corresponding author at: Department of Biomedical Engineering, Tufts University, 4 Colby Street, Medford, MA 02155, USA. Fax: +1 617 627 3231.

E-mail address: [lauren.black@tufts.edu](mailto:lauren.black@tufts.edu) (L.D. Black III).

<sup>1</sup> These authors contributed equally to this work.

cues for stem/progenitor cell differentiation and cardiomyocyte development. In addition, there has been no study to date that has systematically investigated the combined effects of complex ECM composition and stiffness on cellular traction stress. The goal of this work was to advance the concept of whole-organ ECM as a binding milieu in studies of cellular mechanotransduction.

## 2. Materials and methods

### 2.1. Heart isolation, decellularization and solubilization

All animal procedures were performed in accordance with the Institutional Animal Care and Use Committee at Tufts University and the NIH Guide for the Care and Use of Laboratory Animals. Hearts were isolated from Sprague Dawley rats at fetal (E18–19), neonatal (P2–3) and Adult (2–3 months) time points and decellularized. For the adult life point, retrograde perfusion of the aorta was performed [10]. Fetal and neonatal hearts were soaked in 1% SDS solution, as diffusion and convection were sufficient for removal of the cellular material due to their smaller size. Solubilization of the ECM was achieved via pepsin digestion as described previously [14].

### 2.2. Characterization of rat heart extracellular matrix

To assess mechanical properties, samples were immersed in a PBS bath at room temperature and uniaxially stretched in the circumferential direction of the heart using a custom-built mechanical testing setup [15]. Portions of the left ventricular free wall were used for neonatal and adult hearts; whole heart measurements were performed on fetal tissue due to their small size ( $n = 4$  per group). The thickness and width of the tissue were measured in the unstrained state via an optical measurement system in order to calculate engineering stress and strain. The elastic modulus was taken as the slope of the linear portion of the stress–strain curve ( $\sim 60$ – $70\%$  strain).

To analyze composition, samples were frozen at  $-20^\circ\text{C}$ , lyophilized, and digested at a concentration of 5 mg/ml in a solution containing 5 M urea, 2 M thiourea, 50 mM DTT, and 0.1% SDS in PBS [16]. Afterward, samples were sonicated on ice (Branson Digital Sonifier, 20 s pulses, 30% amplitude), protein was precipitated with acetone and samples were analyzed via liquid chromatography tandem mass spectrometry (LC–MS/MS) at the Beth Israel Deaconess Medical Center Mass Spectrometry Core Facility. Common ECM structural proteins were identified and compared between developmental ages by normalizing the spectral count for each protein by the total number of spectra for all ECM proteins ( $n = 3$  per group).

### 2.3. MSC culture

Rat MSCs (Cell Applications Inc., San Diego, CA) were passaged in culture using the provided protocols. For all experiments, MSC were cultured with maintenance media (20% FBS, 1% pen-strep, 2% L-glutamine in alpha-MEM) which was changed every 2–3 days. For traction force microscopy, cells were seeded at a density of 10,000 cells per gel to ensure that the calculated forces were attributable to a single cell. For differentiation experiments cells were seeded at 30,000 cells per gel. All experiments were performed with cells between passages 2–5.

### 2.4. Polyacrylamide gels incorporating cardiac ECM

Polyacrylamide (PA) gels were created by combining acrylamide solution (40%, Bio-Rad) with bis-acrylamide solution (2%, Bio-Rad) at varying concentrations to produce a range of biologically

relevant stiffnesses ( $\sim 9$ – $50$  kPa) [3,17,18]. Solubilized ECM from the different life points and N-hydroxysuccinimide ester (NHS) (both at 400  $\mu\text{g/ml}$ ) were incorporated into the acrylamide/ bis-acrylamide mixture and 40  $\mu\text{l}$  of PA-ECM solution was polymerized with the addition of 10% ammonium persulfate (w/v) between an activated and non-activated cover slip resulting in  $\sim 80$   $\mu\text{m}$  thick gels, similar to previous studies [3]. NHS covalently binds free amines together. In our case, a free amine on the ECM peptides would be covalently bound to a free amine on the polyacrylamide gel. After polymerization was complete, the non-activated cover slip was removed and the gels were washed in  $1\times$  PBS overnight.

### 2.5. Traction force microscopy

Traction force microscopy was carried out using the recipe above with the addition of 0.53  $\mu\text{m}$  Amino Fluorescent Polystyrene Particles (Spherotech Inc., Libertyville, IL) in a 5% bead to final gel solution [17]. MSCs were cultured for 16–20 h and then a fluorescent microscope (Olympus IX-81, Olympus America Inc., Chelmsford, MA) was used to acquire: (1) a transmitted image of each cell, (2) a fluorescent image of the beads near the gel surface and (3) a fluorescent image of the beads after lifting the cell with 0.25% Trypsin–EDTA for 5–10 min. Image analysis was carried out with a custom written Matlab program supplied by Professor Jeffrey Jacot (Rice University) and the resulting total integrated traction forces and the cell area were recorded. Traction stress was calculated by taking the total integrated traction force over the cell area ( $n = 7$ – $16$  cells per group).

### 2.6. Immunohistochemistry

We interrogated the PA-ECM gels for expression of the early cardiac transcription factors Nkx2.5 and GATA4 (SC-14033 and SC-1237, respectively, Santa Cruz Biotechnology Inc., Santa Cruz, CA) via a previously described immunohistochemistry protocol [19].

### 2.7. Western blotting

Gels were placed in ice cold cell lysis buffer and underwent Western blot analysis as previously described [19]. Blots were probed for Nkx2.5 (SAB2101601, Sigma–Aldrich) and GATA4 (sc-25310, SantaCruz) in a 1:400 primary antibody dilution then rinsed in TBST and incubated in a 1:1000 dilution of HRP-conjugated secondary antibody (Jackson ImmunoResearch, West Grove, PA). Blots were developed with enhanced chemiluminescence reagents on a G:Box Chemi XR5 (Syngene, Cambridge, UK) and normalized to cellular  $\beta$ -actin expression (primary 1:1000 [A5316, Sigma–Aldrich] and secondary 1:5000). Band intensities were quantified with ImageJ (NIH, Bethesda, MD) ( $n = 4$  for each condition).

### 2.8. Statistical analysis

All results are presented as mean  $\pm$  standard deviation. Differences between conditions in traction force and Western blot data were compared using a two way ANOVA with Tukey's post hoc test (stiffness  $\times$  composition). All other data was compared via Student's  $t$ -test. Statistical significance was determined as  $p < 0.05$ .

## 3. Results

### 3.1. ECM characterization

Rat hearts from the various life stages were able to be decellularized in 1% SDS solution (fetal, neonatal, adult in Fig. 1B and C

respectively). Mechanical testing of the hearts (Fig. 1D) demonstrated that fetal hearts had a Young's modulus of approximately 10 kPa, which was half as stiff as neonatal and adult myocardium ( $p < 0.04$ ). As the heart matured, there were significant increases in collagen I, collagen III and laminin (all  $p < 0.05$ ) (Fig. 1E). Periostin and fibronectin decreased significantly with developmental age (all  $p < 0.05$ ), while Collagen IV remained unchanged.

### 3.2. Cellular traction force is modulated by ECM composition

To generate PA-ECM gels, cardiac ECM was solubilized (Fig. 2A) and covalently bound to PA gels using NHS ester. By combining bis-acrylamide at 0.05%, 0.1%, and 0.2% with 10% acrylamide, we were able to produce PA hydrogels of  $9.3 \pm 3.8$  kPa,  $25 \pm 5.9$  kPa, and  $48.5 \pm 6.8$  kPa respectively (Fig. 2B). 9 kPa gels represent the stiffness of fetal hearts, 25 kPa corresponds to neonatal and healthy adult hearts and 48 kPa gels represent infarcted adult hearts. By including increasing amounts of solubilized ECM, we determined that 400  $\mu\text{g}/\text{ml}$  resulted in attachment and spreading on 48 kPa gels in a manner similar to that observed on tissue culture plastic (Fig. 2C).

Traction force microscopy data showed that cell spread area was greatest on adult gels at 25 kPa and 48 kPa stiffness ( $p < 0.05$ ) (Fig. 3A). In addition, spread area was significantly higher at 48 kPa as compared to 9 kPa on neonatal gels ( $p < 0.05$ ). In terms of traction force (Fig. 3B), MSCs cultured on 9 kPa gels had the highest traction force with adult ECM as the binding sites ( $p < 0.05$ ), but there was no difference in force between the different stiffnesses on adult gels. Fetal gels showed a significantly increased force at 48 kPa as compared to the other stiffnesses ( $p < 0.001$ ) that was also significantly higher than either of the other ECM compositions at 48 kPa ( $p < 0.001$ ). Interestingly, the highest cellular traction stresses recorded for all conditions (Fig. 3C) were generated by MSCs on fetal ECM at 48 kPa ( $p < 0.001$ ). MSCs cultured on adult ECM gels at 9 kPa had the sec-

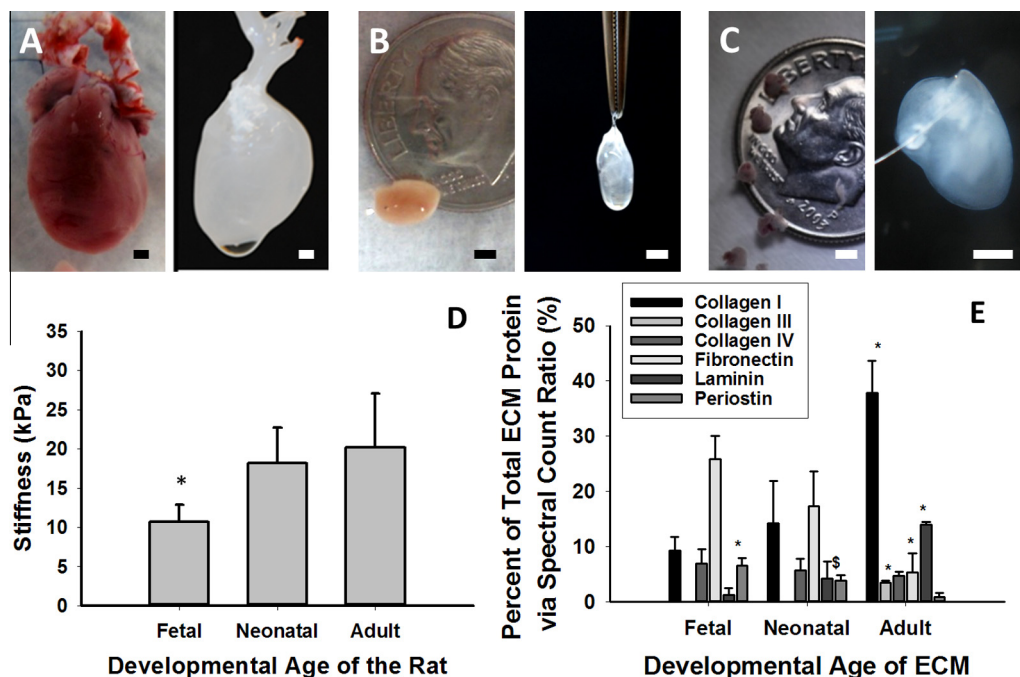
ond highest traction stress value ( $p < 0.05$ ). There was no significant difference in traction stresses on any of the substrate stiffnesses with the neonatal ECM gels.

### 3.3. Expression of early cardiac markers on PA-ECM gels

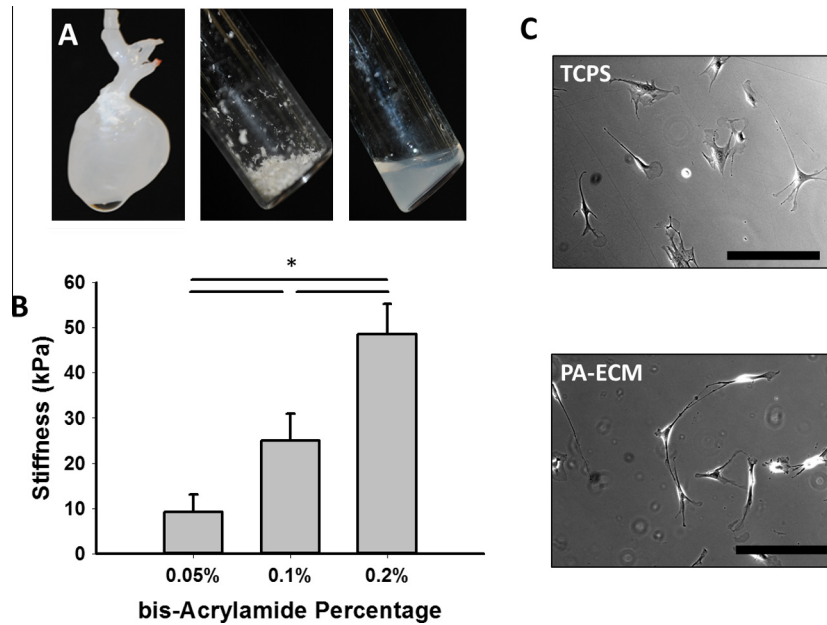
After 1 week in culture cells appear attached and well spread, and all express some level of Nkx2.5 and GATA4 when cultured on PA-ECM gels but not on TCPS (Fig. 4A). An increase in substrate stiffness negatively influenced Nkx2.5 expression in the presence of fetal ECM, but promoted the expression in the presence of neonatal and adult ECM. In particular, Nkx2.5 expression was most significant on the stiffest gels (48 kPa) incorporated with neonatal ECM ( $p < 0.001$ ). Alternatively, stiffness only appeared to influence GATA4 expression in the presence of fetal or neonatal ECM, while adult ECM generated similar expression levels of GATA4 for all three stiffnesses. 25 kPa gels promoted GATA4 expression with the most significant expression observed in the presence of neonatal ECM ( $p < 0.05$  compared to 9 kPa neonatal gels).

## 4. Discussion

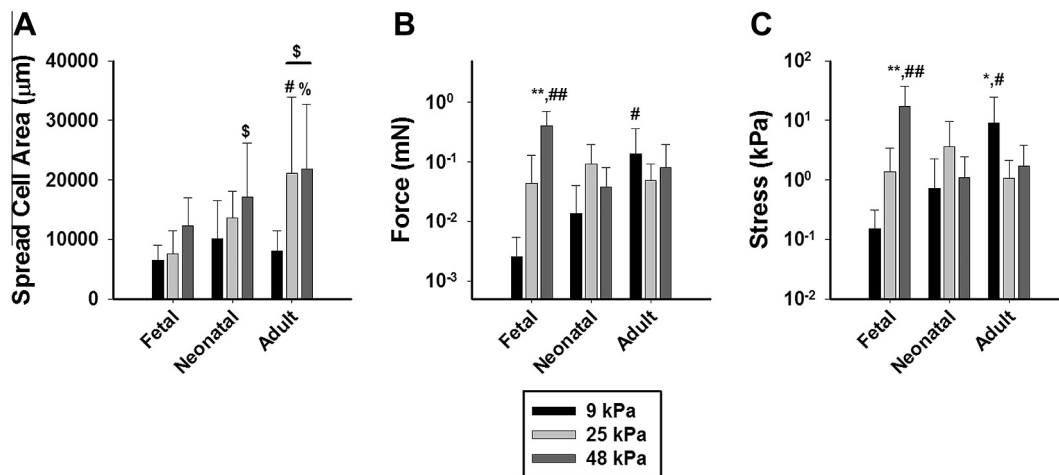
In this study, we have presented a novel method for investigating cellular traction stress and mechanotransduction in the context of the complex composition of the ECM of the developing heart. Our characterization of the ECM from different developmental stages (Fig. 1) shows distinct changes in both stiffness and composition which mirror the results of previous studies (mechanical properties [7] and composition [8,9]). To our knowledge there has been only one other study using a decellularized organ scaffold from a younger developmental age, which found that fetal and juvenile kidney ECM resulted in the best cell repopulation and the formation of tubular structures within the decellularized tissue section [20]. However, this study did not control for stiffness in the culture, which could have a significant impact on their findings



**Fig. 1.** Characterization of cardiac extracellular matrix at different developmental stages. Adult (A), Neonatal (B) and Fetal (C) rat hearts were isolated and decellularized (right image). (D) Stiffness of the tissue (\*denotes  $p < 0.05$  vs. all other groups). (E) LC-MS/MS analysis of cardiac ECM demonstrated significant changes to the composition of the ECM with developmental age (\*denotes  $p < 0.05$  vs. all other developmental ages for that ECM protein; \$ denotes  $p < 0.05$  vs. the adult developmental ages for that ECM protein). Scale bars equal 2 mm for all images.



**Fig. 2.** Creation of PA-ECM gels. (A) Decellularized hearts are mechanically disrupted, lyophilized (middle) and solubilized in pepsin (right). (B) PA gels can be fabricated with stiffnesses that approximate the native tissues (\*denotes  $p < 0.05$ ). (C) Incorporation of cardiac ECM into the PA gels results in cell attachment and spreading similar to that seen on tissue culture polystyrene (TCPS). Scale bars equal 100  $\mu\text{m}$ .



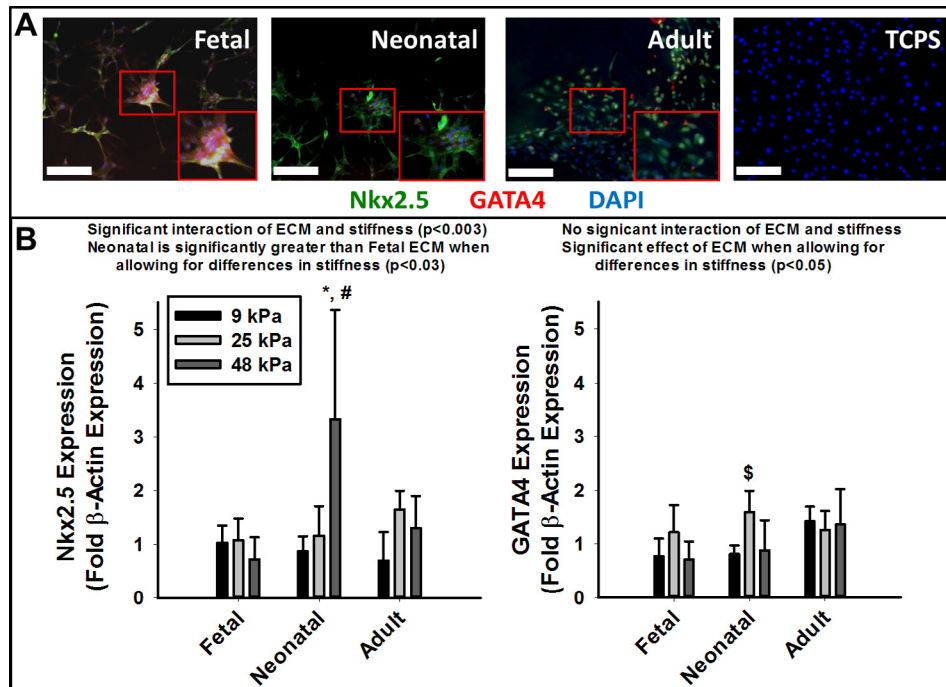
**Fig. 3.** Traction force is modulated by complex ECM composition. (A) Cell spread area of MSCs on the different PA-ECM gels shows a dependence on stiffness and substrate composition (\$ denotes  $p < 0.05$  vs. 9 kPa for that ECM type; #denotes  $p < 0.05$  vs. other ECM types at that stiffness; % denotes  $p < 0.01$  vs. fetal ECM at that stiffness). (B) Cellular traction force for the PA-ECM gels demonstrates differences in the response to increasing substrate stiffness depending on the ECM composition (C) Cellular traction stress for all PA-ECM gels (\*denotes  $p < 0.05$  vs. all other stiffness for that ECM types; \*\*denotes  $p < 0.001$  vs. all other stiffnesses for that ECM type; #denotes  $p < 0.05$  vs. all other ECM types at that stiffness; ##denotes  $p < 0.001$  vs. all other ECM types at that stiffness). In all three plots there was a significant interaction between stiffness and ECM composition as determined by two-way ANOVA ( $p < 0.05$ ).

based on the data presented here. Our study is the first to look at early developmental age ECM in the heart and also the first to study how complex composition and substrate stiffness interact to alter the ability of cells to generate traction stress.

It is important to note that the forces [17] and cell areas [21] we report here are similar to values previously reported in the literature (Fig. 3). Of particular significance is the finding that increasing stiffness from 9 to 48 kPa resulted in a significant decrease in the stress generated by cells on adult ECM gels but a significant increase in stress generated by MSCs on the fetal ECM gels. Cell spread area generally increases with stiffness in our experiment except on the adult ECM composition where the spread area plateaus at the higher two substrate stiffnesses (Fig. 3C). This result agrees with a previous study carried out on a singular ECM protein

that demonstrated a plateau in the cell spread area at higher substrate stiffnesses [18]. In terms of traction force, a few studies have reported that cell traction force increases with increasing substrate stiffness before reaching a plateau in the range of 20–50 kPa [18]. This appears to be the case on fetal ECM but not on either the neonatal or adult ECM composition. Given the significant differences in composition of ECM at these stages, it is possible that related alterations in integrin expression/binding of the cells to the substrate could shift this plateau. Another potential cause for the difference between the conditions could be related to differences in binding ligand density. Engler et al. has previously shown an increase in traction force and cell spread area as a function of increasing collagen density on gels [22]. Our data also demonstrates a potential dependence between collagen concentration





**Fig. 4.** Early cardiac differentiation of MSCs on PA-ECM Gels. (A) Representative histological images for each of the PA-ECM gels at 25 kPa and cells on TCPS (Nkx2.5 = green, GATA 4 = red, DAPI nuclei = blue). Note that all ECM compositions resulted in some degree of expression of both cardiac markers while TCPS did not. (B) Quantification of expression of Nkx2.5 (left) and GATA4 (right) for each of the PA-ECM gels from Western blot analysis (presented as fold  $\beta$ -actin expression). Two-way ANOVA determined a significant interaction between composition and stiffness on Nkx 2.5 expression ( $p < 0.003$ ) and that expression of Nkx2.5 is significantly greater on neonatal gels than it is on fetal gels ( $p < 0.03$ ). In addition, there was a significant effect of ECM composition on GATA 4 expression when allowing for the effects of differences in stiffness ( $p < 0.05$ ). \*denotes  $p < 0.001$  compared to other stiffnesses within ECM type, #denotes  $p < 0.001$  when compared to other ECM types within stiffness, and \$ denotes  $p < 0.05$  when compared to 9 kPa neonatal gels. Scale bars equal 100  $\mu$ m.

and cell-spread area, particularly at higher substrate stiffnesses (Fig. 1E, Fig. 2A). However, traction force/stress generation does not appear to be modulated by collagen composition.

PA-ECM gels of different stiffnesses allow for adherence and spreading of MSCs and in all cases we see expression of early cardiac transcription factors Nkx2.5 and GATA4, while culture on standard tissue culture plates devoid of any ECM proteins demonstrated no expression (Fig. 4A for histology, Western data not shown). This is particularly significant since the cells were cultured in standard growth medium, which did not contain soluble factors typically used to differentiate the cells towards a cardiac lineage such as 5-azacytidine [23]. Quantifying this data shows that there was a significant effect of ECM composition on GATA 4 expression when allowing for the effects of differences in stiffness ( $p < 0.05$ ). Moreover, gels with neonatal ECM resulted in significantly greater expression of Nkx2.5 when accounting for the effects of differences in stiffness ( $p < 0.03$ ). The finding that complex ECM can enhance the differentiation of stem cells is not a new one. Recent work by Zhang et al. found that culturing a number of different iPSC lines on Matrigel resulted in significantly enhanced cardiac differentiation from standard differentiation protocols [4]. Cardiac specific ECM has been shown to enhance cardiac differentiation in both hESC [12] and ckit+ cardiac progenitor cells [11]. In all of these cases the cardiac ECM was derived from an adult organ. In our study, neonatal and adult ECM seem to be the best at promoting a combination of both Nkx2.5 and GATA4 expression particularly at higher stiffnesses (25 kPa and 48 kPa). The neonatal time point in our study corresponds with the period of time when cardiomyocytes undergo postnatal terminal differentiation and lose their ability to proliferate [24]. It is believed that the increase in stress in the heart following birth alters the matrix composition of the heart and we believe this newly deposited matrix is positively

influencing the stem cells' potential for cardiac differentiation. While other studies have demonstrated that adult cardiac ECM promotes the potential of stem cells for cardiac differentiation [11,12], our results suggests that the neonatal matrix could prove more effective.

While previous studies have indicated that stiffness alone can direct differentiation lineage [3], our data demonstrate that stiffness is not the only contributing factor. Differentiation seems to occur reasonably well at all stiffnesses but with different responses to increasing stiffness depending on the composition of the ECM (Fig. 4B). Analysis of the data via two-way ANOVA indicated that there was a significant effect of composition on Nkx2.5 and GATA 4 expression. These findings highlight the importance of the composition of the ECM in studies looking at the effects of cellular mechanotransduction on cardiac differentiation. Previous work by Engler et al. demonstrated the greatest degree of skeletal muscle differentiation of MSCs on substrates coated with fibronectin with stiffnesses between 9 and 17 kPa [3]. Our data demonstrate that in the presence of complex ECM, MSCs generally have lower cardiac differentiation potential on lower stiffnesses (9 kPa) with increased differentiation at higher stiffnesses (25 kPa and 48 kPa). As a follow up, we investigated whether there were any correlations between the early cardiac differentiation potential and the measures derived from TFM (see Supplementary Fig. 1). The strongest correlations were between GATA 4 expression and cellular traction stress or force ( $r^2 = 0.52$  and  $0.69$ , respectively). In general there was low correlation between Nkx2.5 expression and traction force measures, although lower traction stress and force tended to result in higher expression. These correlations confirm previous findings that differentiation induced via substrate stiffness is directly related to the cells ability to generate tension against the substrate [3].

It is important to note that our study has some limitations associated with it. There are likely small changes in the composition of the cardiac ECM from batch-to-batch and this possibly contributed to the variability in our data. One potential solution to this issue is to make a synthetic mimic of the ECM composition by combining recombinant proteins in the exact ratios determined from the LC-MS/MS analysis to ensure consistency of the binding sites and this will be explored in future studies. MSCs have been previously demonstrated to express early cardiac transcription factors and the expression of these factors has been implicated in the potential beneficial effects of MSCs following implantation into the injured heart; however, the ability of MSCs to differentiate into contractile myocytes is controversial. Further explorations with this system include the application of other cell types with greater functional cardiomyogenic potential.

## Acknowledgments

The authors gratefully acknowledge Professor Jeffrey Jacot of Rice University for supplying the Matlab code used for the traction force analysis and Professor John Asara and the Mass Spectrometry Core Laboratory at Beth Israel Deaconess Medical Center for proteomics analysis of the ECM.

## Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at <http://dx.doi.org/10.1016/j.bbrc.2013.08.074>.

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